

## Understanding your child's behaviour

A Solihull Approach group for parents and carers



- Would you like to know more about your child's development?
- Would you like a better understanding of your child's behaviour?
- Do you know why your child has temper tantrums?
- Would you like the chance to meet with other parents with children of a similar age?

**We will be running a group for parents and carers of children up to the age of 11.**

The sessions will run on the following dates:

Tuesday 8 <sup>th</sup> January 2019	HALF TERM
Tuesday 15 <sup>th</sup> January 2019	Tuesday 26 <sup>th</sup> February 2019
Tuesday 22 <sup>nd</sup> January 2019	Tuesday 5 <sup>th</sup> March 2019
Tuesday 29 <sup>th</sup> January 2019	Tuesday 12 <sup>th</sup> March 2019
Tuesday 5 <sup>th</sup> February 2019	Tuesday 19 <sup>th</sup> March 2019
Tuesday 12 <sup>th</sup> February 2019	

The group is based on an approach developed in Solihull that has been helpful to parents and has shown that children's behaviour tends to improve.

We will explore issues like:

- ❖ **Having fun together**
- ❖ **Communication**
- ❖ **Development needs**
- ❖ **Parenting styles**
- ❖ **Behaviour difficulties**
- ❖ **Sleep**

The group starts on Tuesday 8<sup>th</sup> January 2019 from 9.15 until 11.15. It will take place in the Wrap Around building at the side of Castlefields School. Mo Verney and Jackie Hampson will be leading the 10 sessions.

We will be running a drop in for coffee session on Tuesday 27<sup>th</sup> November 2018 at 9.00 a.m., in the Wrap Around building.

Anyone interested will be able to drop in, find out more and fill in registration forms. If you are unable to attend this session forms can be left at the school office any time before Friday 30<sup>th</sup> November 2018. The group is completely free of charge.

There is a limit to the number of places available, we will deal with the registration on a first come, first served basis.

Name of children's school: .....

Parent's name: .....

Telephone: .....

Address (including postcode): .....

.....

Child's name:	Date of birth:

Signed .....

Date .....